

# BE IT! Episode 1: "Something Fishy"

We hope you've seen some of Caily's and Reese's big dreams in this episode and created inspiring origami boats of your own. On this drawing board, you now have a chance to sketch, write, wonder, and connect their stories to your own thoughts, feelings, and experiences. Go big, have fun!

Dream it

Make it

Be it!

In the episode, you saw Caily and Reese dream up new ideas and fixes! Can you use your imagination and creativity to dream up new things too?

**What are some of your dreams?**



When Caily and Reese visit Confetti, Kami helps her friends by saying, "Take a deep breath and look at the problem from a different angle."  
**Try taking a deep breath. It feels good to breathe!**



Reese and Caily both experienced emergencies. Have you ever experienced an emergency? What was it, and how did it make you feel?

**You can draw out your feelings and emotions too!**

Kami, Dev, Reese, and Caily made origami animals together, which helped to spark new ideas. When you made your origami boat, what other things came to mind? For example, did you think about other boats? Or does the origami boat remind you of a hat or another object?  
**Flip the page over, and draw or jot down anything that you thought of.**